

## WHAT IS HOME CARE?

### Topic #3: Introduction To Meridian At Home

There's nothing like Home Sweet Home.....If you were injured or suffering from a serious illness, wouldn't you prefer to be at home while you recuperate?

Asking or relying on others for help when you've always been so independent isn't easy to do. But sometimes the circumstances are such that you or a loved one needs a little extra help. So who can you turn to? Who can you trust?

You can turn to *Meridian At Home* to keep you and your family living well and independently at home. *Meridian At Home* offers New Jersey's most complete range of home-based personal assistance and home health care solutions. .

Recognized as one of the top 100 home health care companies in the United States by Home Health Line, a national industry publication, *Meridian At Home* is fully licensed and accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), one of the nation's most widely recognized accrediting bodies.

*Meridian At Home* offers a full array of home health care services. Let's review them.

- Skilled Care may provide a licensed, professional nurse to assist you for a few hours a day or around-the-clock. Or your doctor may determine you need therapists with expertise in physical, occupational and speech therapy who can personalize an in-home rehabilitation program, exercise program, or one-on-one

therapy designed to get you back on your feet. We also have certified home health aides, or live-in's who can assist with the many activities of daily living such as bathing, dressing and walking.

We also provide....

- **Home Support and Personal Assistance Services** where you have access to companion/homemakers who can assist with simple needs and tasks, like performing light housekeeping duties such as dishwashing, laundry, and ironing. Our friendly and personable staff can also provide companionship and conversation to an elderly parent who lives alone.

And if the need arises, our expert staff can fit you with the right...

- **Medical Equipment** like wheelchairs, walkers and canes to help you get around easily inside and outside your home. We also have a full line of home respiratory equipment to assure you get the best in oxygen therapy.

At Meridian At Home, we can also arrange for...

- **Home Infusion**, which enables you to receive intravenous medications and fluids while you relax in the comfort of your own home.

And should it become necessary, we also offer

- **Hospice and Palliative Care.** When someone you love is facing a terminal illness, we know how emotionally charged and stressful this time can be, for your loved one and your family. Certified hospice and palliative care nurses, social workers, and chaplains work closely with the family to customize a care plan that improves the quality of life and ensures emotional support, privacy, and respect.

No matter what your need may be, you can turn to and trust Meridian at Home for a wide range of the highest quality home care services.

**You now have an idea about the comprehensive services Meridian At Home provides. But what sets us apart is our professional staff. We know that quality home care professionals make all the difference for your peace of mind.**

**We recognize that welcoming caregivers into your home requires a high level of trust and confidence. That's why each member of our team, whether they are a licensed nurse, therapist, social worker, or certified home health aide, all undergo a thorough screening process that includes:**

- **Skills Validation**
- **Criminal Background Checks, and**
- **Drug Testing.**

**Our staff of professionals brings with them not only the strength and reputation of the Meridian Health name, but the backing and support of Jersey Shore University Medical Center, K. Hovnanian Children's Hospital, Ocean Medical Center, and Riverview Medical Center---all names you know you can trust!**

If you have any questions about your health, or the continued health of your loved ones, contact us. Meridian At Home Advisors specialize in listening to your health care concerns and identifying the services and technologies that will allow you or a person close to you to continue to lead a healthy, independent life at home. Our advisors will gladly arrange for a registered nurse to conduct a free, in-home consultative assessment. Call us toll-free at 1-800-894-6885. You can also click on [Connect with Meridian At Home](#) to have one of our advisors contact you at a convenient time. Meridian At Home, Where you want to be.